

# ad sciurus THE SQUIRREL









Issue 28 Thursday 30th March 2023



The smell of bread is currently filling the school and is making When we return on Monday 17th April, we begin our last ever everyone feel hungry! The children are so enjoying the baking whole school curriculum focus on Crayola and the 'Power of and I really hope they come home and ask to bake some more at Creativity'. This will focus on lots of art and design activities as home. I particularly liked a child's bread that had made Jesus on well as looking at the history of textiles, art, the development of the crucifix and wrote 'Jesus has risen', which is a fabulous pun colour, sculpture, light in science and looking at natural dyes; and he definitely did rise when he was put into the oven! Each there is so much to learn and discover. We have arranged visits to year group have nominated a 'star baker' to be put through to the Quay Arts Centre in Newport. We are hoping to have artists in the Lanesend Bake Off tomorrow, where each of the star bakers school too. For KS2 we hope that we might have a trip to the will independently create their own loaves and the winner will Design Museum in Kensington and a trip either to the be Lanesend Baker of the Year!

The 'eggcellent' Egg Hunt is well underway and has been superbly managed by the TAC team. I would like to thank them for their 'eggtraodinary' organisational skills and I would also like to thank our families for all the egg donations for the egg hunt. You smashed it!

We have one more day of the term and we are finishing off with an Easter Assembly in the morning and bunny ear parade; do not forget to wear your bunny ears with pride in the morning. There is also an inter-house egg and spoon race with the finals being run with real eggs, which I am sure will be very entertaining for everyone. We finish at normal time tomorrow ready for the Easter break. This also means that we are two thirds of the way through the school year and we only have 61 school days left until the end of the academic year. It will go very quickly. I am also hoping for some warmer and sunnier days!

When we return after the Easter break we will only have three weeks until our Coronation Festival on the Field. I really wanted to do a community event for the King's Coronation and invite families to come and enjoy an afternoon with our children celebrating all together. We have booked the bouncy castles, we are going to have some live music, craft activities, year group performances, ice cream, a sweet trolley, games and of course an afternoon tea. I do hope that you can join us for the afternoon and we can celebrate this historical moment together. A form was sent home earlier this week to complete as we are asking for a small donation to help put on the event. After Easter we will also send out a form to order a cream tea on the day. I do now need you all to do a sunny dance and keep the rain away!

During the Easter break the Den is open. If you require the Den we will be able to accommodate late booking if you call the office by the end of the day tomorrow. We have shortened some of the sessions so that the provision can remain viable. Thank you for your support.

Over the Easter break, Mr Andre is sending out a home learning Sway with lots of activities on for the children to complete and keep everyone busy over the spring days. There are some lovely activities on there to do and share together. For Year 6, the team are going to send home some learning packs to support their upcoming assessments. This is just to keep practising skills and building confidence ready for May.

Southampton Art Gallery or the Sculpture Garden in Salisbury. I think I would like to be a child at school again!

The first week back we have planned to begin creating our Queen's Garden from the designs that the children created earlier in the year. I would love some help from families to come in on this day and help us create. If you can spare a morning or an afternoon, please let Laura in the office know and we can begin organising. The children really did come up with some lovely ideas and although we cannot create all of them, we have picked out the ideas that were repeated lots of times and used those as the main focus of our two garden areas that we are thinking about.

Our Year 4s also go off on their Little Canada adventure for the weekend on Friday 21st April-Sunday 23rd April 2023. The children yesterday made a countdown calendar which I thought was just lovely! In the summer term I will plan a Year 3 Little Canada meeting and book for next year too. For the Year 4s, we will do a watersports meeting and for the Year 5s I will confirm if France is affordable for next year. Fingers crossed!

Can I ask that when we return after the Easter break we return wearing the correct uniform, and that we are on time for school. I always welcome the children in whatever time they arrive but I know how being late impacts the children; walking into a classroom when the day has started, so let's help our children to be here, everyday on time. I would really love for our attendance to return to pre-Covid levels, I was always proud that the children loved coming into school and it would be great to have a 100% day again before I leave.

I just want to share a lovely moment with you. When schools changed from Middle to Primary the representative from the Local Authority did not want us to move onto this site, but remain in the Love Lane site as they believed that as a school we would always be less than half full. Over the years we have continued to grow and we went over our pan of 420, but our limit has always been 450 pupils and we have never quite got to that number. However, the day has come and we are now completely full. This is an amazing moment for us all and continues to show us that families see the magic that is Lanesend.

This week we welcomed Harrison in Tanzanite class, Year 4. Welcome to our Lanesend family Harrison.

Have a wonderful Easter break. Enjoy time together, have fun and eat chocolate! Caroline Sice



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Whole School Attendance:

**95.2**%

The final Shrek Trip payment of £10 is due tomorrow to secure places on the trip.

## **Dates for your Diary**

Monday 17th April—

**Summer Term begins** 

Friday 21st April—Year 4

children at Little Canada

Friday 21st April—

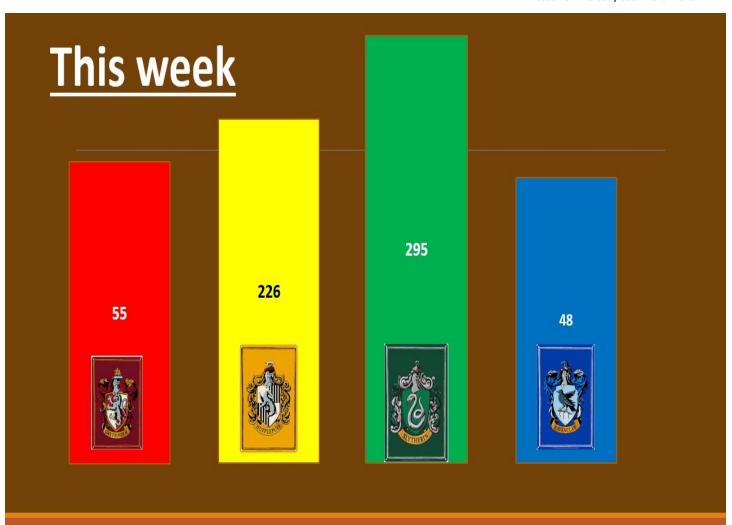
Watersports Year 5 begins Fridays 1pm-4pm UKSA



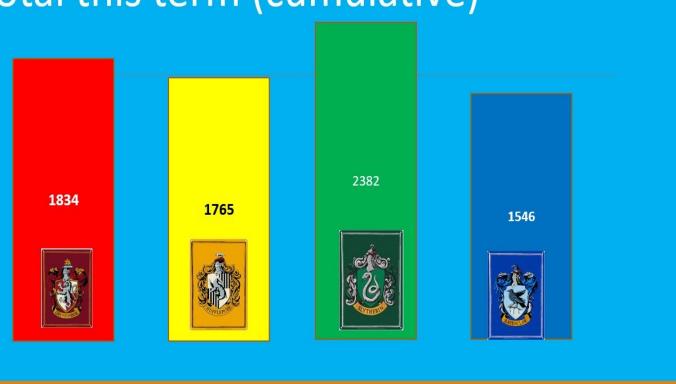
Well done to Diwata Vu who performed solo ballet at the Isle of Festival of Dance. We are so proud! A huge well done to Bella Cockburn for your girl guiding badge. Superstar!







# Total this term (cumulative)



# Lanesend Conversation Starters...

Use these prompts with your children at home to start a conversation about their week in school...

Reception— Talk to me about... making Miffy Bread, the meaning of Easter, bunny ears, Easter Egg hunt, Sing Up

Words to use... new life, grain, harvest, flour, rise, prove,

Tips for the week... Mr Andre will be sharing an Easter Sway to complete for home learning over the holiday.

We have been reading... Dr Seuss and The Lion Inside

Year 1— Talk to me about....Easter. Re-tell the Easter story with me. Words to use... Easter, cross, egg, tomb, resurrect.

Tips for the week...help me practise measuring in maths- length, mass and capacity.

We have been reading.....the Easter story.
Year 2—Talk to me about ... bread



Words to use ... dough, yeast, salt, flour, sugar, water, knead, mix, prove.

Tips for the week...Remember TTRockstars to help us with our

multiplication

We have been reading... The far away tree

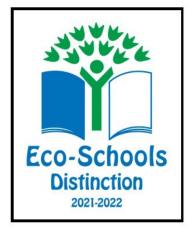
Year 3 – TALK TO ME ABOUT your Lanesend Bake Off design WORDS TO USE Easter, dough, shape, knead

TIPS FOR THE WEEK during assessments, give all questions a good go even if unsure of the answer.

WE ARE READING Charlotte's Web, by EB White

Year 5— Talk to me about... how my assessments have been this week.

Words to use... regular, irregular, polygon, perimeter, rectilinear. Tips for the week... Calculate the perimeter of a regular polygon by multiplying the length of one side by the number of sides it has. We have been reading... 'Secrets of A Sun King' by Emma Carroll.



How cool is this? Just a few ingredients, stick them in a blender and there you have it, a natural pesticide.



# Helping children and young people with MANAGING DEVICE STRESS AND ANXIETY

WHAT ARE THE RISKS? The internet and advances in the capability of digital devices have afforded us arguably the fastest period of technological and social evolution in living memory: creating opportunities for us to interact with people anywhere in the world, 24 hours a day. It's also, however, blurred safety boundaries and added new stresses for young people, who are often less aware of the hidden hazards. With almost half of 10–15-year-olds experiencing bullying online and algorithms pushing content in front of our children every day, it's important to know how to address some of these challenges.

## LIVING ONLINE

The internet is awash with sophisticated algorithms that learn from our online behaviour and try to predict our wants and needs. That's very helpful in some respects, but it can make the online world difficult for children and young people to negotiate. Content can be brought to them at any time – it may not always be appropriate, and children may not have the ability or the support to deal with it.

## PUSHY NOTIFICATIONS

Content is also directed at us through notifications from our apps: letting us know we have a new message or social post to road, for example. While that's useful in some circumstances, it conditions us to keep going back online (and is designed to do so) and can be a near-constant demand on your child's attention. As such alerts become more common, are we experiencing an 'attack of the pincs'?

## **BLURRED BOUNDARIES**

There are now so many ways we can communicate online in real time (like instant messaging apps) or with a delay (such as on social media) that it's possible to be constantly in conversation. Young people often prefer quickfire exchanges of text – but using fewer words can cause distressing miscommunications through the lack of non-verbal cues like facial

## DIGITAL DEPENDENCY As devices allow access to

As devices allow access to immediate external help in challenging situations, it's a concern that children may not be developing the inner confidence to work things out for themselves. Ikewise, group membership is hugely important to young people both in digital and 'real' life - and being excluded from online conversations can cause damaging feelings of loneliness and isolation.

## DISGUISED DISTRESS

children often haven't yet developed he emotional resources to deal with hany of the setbacks of everyday fe, so identifying when it's pecifically something anline that's perifically something anline that's perifically something anline that's perifically something and response o a problem: it spurs us into action to keep ourselves safe. If the stress is excessive, though, it can feel worwhalming and potentially lead

## ANTI-SOCIAL SOCIALS

Social media can bring people together in hugely positive ways. Sadly, it does also have a darker side, including "flame war arguments which can escalate quickly and have hurtful consequences. With so many people looking on, 'group shaming' situations are also common – while there are continual opportunities for young people to compare themselves negatively with other social media users.



## LEARN THE BASICS

It's impossible to keep up with every online change or every new app. The best option is to make yourself aware of the fundamentals of how the internet operates, so you can help your child to grasp how — and why — content reaches them. Devices and the digital world can be confusing, so learning to understand them better will give you the confidence to talk to your child about them.

## TALK IT OUT

If a child mentions a comment that's been directed at them in a text chat or on social media, it may sound minor but can actually have a much bigger effect than we realise. In our evolved brains, any perceived threat can get internalised while our body reacts as if we were in physical danger – raising stress levels. It's always worth encouraging your child to get any concerns out in the open.

## **PUSH DISTRACTIONS AWAY**

Notifications to our phones and tablets can be helpful, but they sometimes make one wonder who's really in charge: the person or the device? Checking our phone as soon as it goes off is an easy habit to fall into – especially for young people. Try switching off non-essential alerts on your devices and encourage your child to do the same; you should both feef less triggered and more in control.

## LOOK FOR THE SIGNS

This is tricky — and may depend on the child's age — but any sudden change in behaviour is worth looking out for. If your child seems to be checking their phone or tablet more, doesn't want to be partet from them, or appears unusually secretive, anxious or withdrawn, it could be a sign that something is amiss in relation to their device — and, possibly, that they're in need of extra support.

## KEEP CHECKING IN

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ru?

Healthy emotional regulation balances three systems: threat, drive and grounding. Down the various rabbit holes of the internet, however, that balance can easily slip away – so it's important to help your child manage their emotions when they're online. Check in with them regularly when they're on their device, and remember that 'distraction' and 'relaxation' aren't always the same thing.

## **BE KIND: UNWIND**

Se kind to yourselves as parents and carers. Remember that we're all in the same boat, trying to safely guide our children through this complex, ast-moving digital environment. Getting into the nabit of having natural, relaxed conversations with your child about their online life (and yours) can level the playing field and make it far easier or them to open up to you about any concerns.

## Meet Our Expert

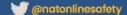
Dr Carole Francis-Smith is an experienced counselling psychologist who specialises in promoting safe and ethical online communications. She consults with and offers bespoke training to businesses and organisations supporting positive and effective online communications — often by considerion some of the more hidden presents of the spatiary and imme.





Source: https://www.childrenscommissioner.gov.uk/repgr/the-big: ask-big: answers/ https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/bulletins/childrenscollnabehaviour/nens/andons/wales/yearendingmarch2020

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@national\_online\_safety

## SKILL OF THE MONTH



Ask a member of your family or friend to tell you about their day in detail. Ask them to include details like what time they got up, when and what they had for lunch, who they talked to and what activities they did.

Write down what you can remember. Read your notes back to the family member / friend. Could you remember the key parts of their day?

Try again with another family member or friend. Did you remember any more this time?

Try taking notes as they are talking instead of afterwards. Does this help you remember more?

Are there any tactics you can use to help you remember the important information you hear?

## Reflection Questions

**Getting Started:** How can you make sure you are listening carefully?

Intermediate: What does it mean to summarise what you have heard?

**Advanced:** Why is summarising or rephrasing what you have heard useful sometimes?

**Mastery:** How might changing the language (words) used affect how you feel about something?

)) Listening

Are you interested in hosting foreign students this summer? This is a great source of income and also a great way to learn a new language and all about a different culture too! Please email ruth.gangonells@lanesendpri.iow.sch.uk for more information. Thank you.



There is still time to sign up for this year's School's Walk for Walk the Wight...

https://www.mountbatten.org.uk/swtw#:~:text=Your% 20child's%20mission%2C%20should%20they,them%20to% 20complete%20the%20challenge!





LCF LANGUAGE CLUBS IOW

# AFTER-SCHOOL SPANISH FUN CLUB!

Email lcfclubs.iow@gmail.com to book your space and more information!

Sign up NOW - Www.clubenrolment.com/LCFlanguagesIOW



CHILDREN LEARN NEW LANGUAGES THROUGH FUN ACTIVITIES

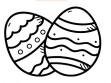
Find out more at www.lcfclubs.com



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- Throwing pots on the wheel
- Clay sculpting
- Easter themed decorating

To book email us at: isleofwightpottery@gmail.com

www.isleofwightpottery.com









Egg Hunt

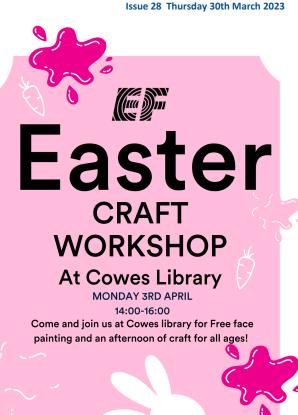
4th, 6th, April

Between 10.30 am and 3pm

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Adult £5 - Child £4

WWW.NATUREZONES.ORG.UK



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SAT 8TH APR

10.30 AM ROYAL FUN WITH JULES



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# ISLE OF WIGHT HELP WITH THE **01983 823134** iow.gov.uk/costofliving

Citizens Advice IW can give free help with money issues and

0800 144 88 48 or Textphone on 18001 0800 144 8884

www.citizensadviceiw.org.uk

## Debts and paying bills

01983 823898 ext: 2825

debtenguiries@iwcab.org.uk

www.citizensadvicelw.org.uk/money-advice-team

www.iow.gov.uk/costofliving and tap on 'food' for more information. Join a community pantry and for £5 a week, receive over £15 worth of food.

101983 296592 East Cowes Community Pantry 07961 959003 Ventnor Community Pantry 01983 563732 Rvde Community Pantry

Support including food vouchers, getting weather appropriate clothing (directly with your school) and more

connect4communities@low.gov.uk
www.connect4communities.org

Check whether you are getting all the benefits you can Citizens Advice Help to Claim line.

0800 144 8444

www.gov.uk/benefits-calculators

The Footprint Trust give guidance on energy bills, efficiency

INTERNATION LANGUAGE CAMPUSES

01983 822282

☑ info@footprint-trust.co.uk

www.footprint-trust.co.uk

## Pension Credit

If you are of State Pension age you may be entitled to ension Credit. If you get Pension Credit you can get

3 0800 99 1234 or Textphone on 0800 169 0133

www.gov.uk/pension-credit Paying for broadband and mobile ph

## Social tariffs are available if you're on a low income

Mww.ofcom.org.uk/cheap-broadband

The Living Well and Early Help Partnership works on the

Island to connect people.

01983 240732

reception@lweh.org.uk

www.lweh.org.uk

If you have no money for food, gas and electricity you may be able to get emergency help 01983 823859

www.iow.gov.uk/HelpThroughCrisis

## Other useful contacts

🗾 www.helpforhouseholds.gov.uk 🗾 www.islefindit.org.uk

www.gov.uk/helpforhouseholds







The Way Forward Programme presents





The Adventure

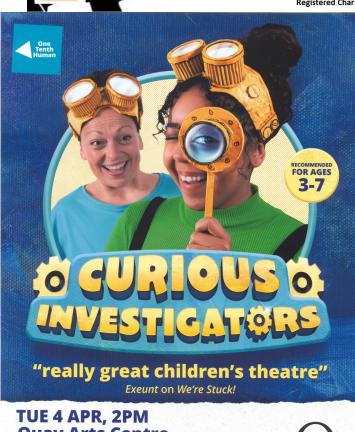
FRIDAY 2nd JUNE 2023 6:45pm Medina Theatre, Newport

www.wayforwardprogramme.org.uk

25 Daish Way, Newport, Isle of Wight, PO30 5XJ

Registered Charity Number: 1007947





**Quay Arts Centre** 

Sea Street, Newport Harbour, Isle of Wight, PO30 2EF Book your tickets: 01983 822490 quayarts.org





















# **INTRODUCING OUR**

SANDOWN SOCCER

**GIRLS ONLY FOOTBALL SESSION!** 

## **OUR FUN SESSION WILL BE:**

WHEN: Every Wednesday. 5pm to 6pm
WHERE: The Bay CE Primary School, Sandown
COST: £4 for the 1 hour session

To Book: Text your child's name, school, year group and parent name to 07594 389531





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Week 1: 3rd - 6th April Week 2: 11th - 14th April

Mini-Soccer
camp for children. Aiming to
provide a fun and enjoyable
environment whilst developing

and improving players

footballing ability!

enhanced DBS and up to date first
aid and safeguarding training.

10AM - 3PM £12 a day

Fun football games to develop agility, balance,

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Attitude. Most Improved and Future Star awards

Take part in the Sandown Soccer World Cup where one team will be crowned WORLD CHAMPIONS!!!